

MEG KNEAFSEY

Name: Meg Kneafsey

Age: 20

Where I Live: Durham



“I believe in tackling apathy by encouraging other young people to fight for the causes they care about.”

Completing NCS in 2011 first got me into social action, and I’ve spent my free time helping others ever since. In the UK, I’ve volunteered at foodbanks and set up my own volunteer group connecting the foodbanks with local student volunteers. I got involved in vInspired’s Team V, working on social action campaigns like Swing the Vote, and creating my own campaign to target stereotyping which got over 7,000 likes on Facebook. Now that I’m at university, I lead a personal development programme which brings alumni back to the university to give skill talks to current students. I’ve also been on my university’s charity committee, and now I’m the Charity Liaison for the university too.

While I’m passionate about local issues, I also care deeply about international development. I’ve previously volunteered in Nicaragua and Tanzania, and this summer I led a group of volunteers on a five-week volunteer trip to India. Not only that, but I also fundraise for the charities I work with abroad, and this year I’ve supported the fundraising efforts of the 11 volunteers who came to India.

Over the past four years, I’ve benefitted hugely from my social action experiences and they’ve really shaped who I am. Whether travelling and living in different cultures, or learning more about important issues at home, throughout all my social action I have met incredible people and made friends for life.

Organisations I’ve Participated With

- NCS
- vInspired – Team V



#iwill *make a difference to others by working on social action campaigns within my university and local community.*